

## LLC "Alekstreyd"

Bulgur is a cereal made from parboiled, dried, and crushed wheat. Widely used in Middle Eastern, Caucasian, Indian, and Southern Russian cuisine.

Production: Bulgur is made from durum wheat. Grain is boiled in large vats, sun-dried or machine-dried, then crushed into varying textures.

Nutrition: Per 100g: 12g protein, 1.5g fat, 64g carbs. Rich in fiber, B/K/E vitamins, magnesium, phosphorus, and iron. Its high fiber content aids satiety.

Culinary uses: Versatile for side dishes, salads, or pilaf. Triples in volume when cooked while maintaining texture.

Bulgur is both a flavorful, adaptable ingredient and a healthful choice.

### List of Goods/Services with HS Codes:

---

**BULGUR, HS CODE 1904300000**

### Export Countries:

---

- South Korea (Republic of Korea)
- Mongolia
- Kyrgyzstan
- China
- India
- Vietnam

### Company Information:

---

- **CEO/Head's Full Name:** Kovaleva Aleksandra Aleksandrovna
- **Contacts:** +7 908 966 6003; E-mail: korporatsiyaatr@mail.ru
- **Export Industry:** Industrial Export
- **Legal and Physical Address:** 692519, Rossiya, Primorskiy kray, g.o. Ussuriyskiy, g. Ussuriysk, ul. Lenina, d. 122, kv.116
- **TIN:** 2511120037
- **Website:** ОТСУТСТВУЕТ